

## **Dr. Jason Kwok**

A family physician, Dr. Jason Kwok's decision to migrate from Hong Kong to Canada in 1995 was a difficult one, one that involved a lot of struggle. But through his determination and hard work, Dr. Kwok set up his practice again to serve his new community.

Over the years, he has demonstrated that despite an exceedingly busy career, it is possible to find time to participate in a wide variety of community activities. A champion of the environment, Jason promotes conservation among new immigrants and is active in several Scouts groups.

However, he remains true to his medical roots. Dr. Jason Kwok is selfless and dedicated to providing the latest and most reliable medical knowledge to the Chinese community here, through seminars, articles, radio and television, with a focus on the topics of cancer prevention, diabetes, and the importance of sports and maintaining a healthy lifestyle.

**郭詠觀**:1952年出生於香港，港大醫科畢業，懸壺濟世，然而1995年舉家從移民來多，不得不放棄在香港行醫19年的經歷。抵多後重新考獲家庭醫生執照，除了開設診所行醫，業餘花不少的時間參與社區活動。他強調為回饋社會，參與許多社區活動。舉凡童軍活動、推動環保、訓練救傷、醫學講座等，都盡量參加。郭詠觀醫生對童軍活動情有獨鍾，從2002年開始，華人童軍團舉辦的活動，都可以看到郭醫生的參與。他崇尚童軍「日行一善」的格言，並身體力行。